

# Monday Montessori Moments



Monday December 12, 2016



December 13<sup>th</sup>, 4:15 pm

-Basketball Game at  
Mound Fort Junior High

December 14<sup>th</sup>, 4:15 pm

-Basketball Game at Utah  
Military Academy

December 15<sup>th</sup>, 7 pm

Junior High Holiday Concert

December 16<sup>th</sup>, 4:15 pm

-Basketball Game at  
Syracuse Arts Academy

December 16<sup>th</sup>

-Freshman Winter Dance

December 19<sup>th</sup> to 20<sup>th</sup>

-International Festival

December 20<sup>th</sup>

-Box Tops Store

December 21 to Jan 3<sup>rd</sup>

No School

-Winter Holiday

January 4<sup>th</sup>

2017-2018 Enrollment  
Opens

## A Letter from Valeri Cruze, MMA Counselor

Hello Families,

This month I wanted to share some thoughts about trauma. Many students are afflicted by traumatic events in their life that can affect them academically, socially or mentally.

Trauma is an event that usually involves death or serious injury, or the threat of death or serious injury. The actual event doesn't have to happen to you directly; it can happen to someone close to you. Trauma is an event that is so frightening or painful that it overwhelms you and interferes with that ways that you usually cope with difficult events in your life. The event might have arisen from a natural disaster, like a hurricane, a tornado or an earthquake. Or it might be something caused by things someone did, whether on purpose, like assault or abuse, or accidentally like a car crash (Palmer 2012)<sup>1</sup>.

Everyone experiences events in different ways. How you response during and after a trauma depends on many factors-

- ~How close you were to the event
- ~What the event was
- ~How much support you got from the people around you
- ~What else was happening in your life at the time
- ~What else happened in your life in the past

Especially during this time of year, I would like to remind everyone that we don't know what path each of us have chosen. We don't know what someone else is going through at this time. Trauma is very real, and can impact lives significantly. Spread some extra love and support this time of year to those who might be suffering or in need.

-Valeri Cruze

School Counselor

1. Palmer, Libbi. *The PTSD Workbook For Teens*. Oakland, CA: Harbinger Publications. 2012. Print.

# What's New at MMA?



## INTERNATIONAL FESTIVAL

On December 19th and 20th, MMA will celebrate our 7th annual, International Festival. We welcome families and community members to join us in this unique opportunity to travel the world in just a few steps. Students are excited to celebrate their learning through costume, food, dance and other visual presentations. You'll experience the diversity of our Earth's people and land through the children's eyes.

Explorers young and old are invited to "travel" the seven continents of the festival during the following times:

Monday December 19th 9-11:00 with the upper elementary and junior high  
Tuesday December 20th 1-2:30 with the lower elementary and junior high

## New MMA Shirts and Sweatshirts!

T-shirts and Sweatshirts can be purchased at the following link.

<https://squareup.com/store/beeyouteesfundraising>

## Junior High Concert

The Junior High Choir will be giving a Holiday Performance at MMA on December 15<sup>th</sup>, 2016. The performance will start at 7 PM, and will last until about 8 PM. Friends and family are highly encouraged to attend.

## INTENT TO RE-ENROLL FOR 2017-2018

Watch your email for your child's 2017-2018 INTENT TO RETURN! By declaring your intent in January, we will know how many student positions we have open next year.

When you complete your child's INTENT TO RETURN, it will let us know if you plan on returning for the next school year. If your plans change prior to next year, you must notify the office to make the correction.

The email is not asking you to re-enter the lottery, it is notifying us of your intent to return for the next school year so we may fill open positions.

## Freshman Winter Dance

*Place:* MMA Gym

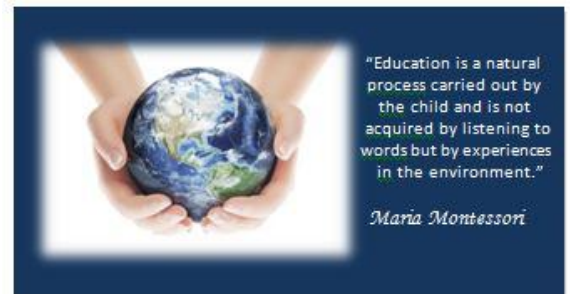
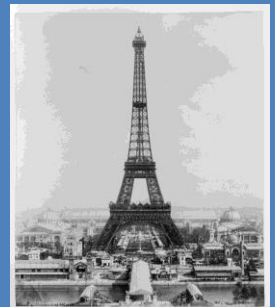
*Date:* December 16, 2016

*Time:* 6-9 PM

*Theme:* A Night In Paris

*Tickets:* \$5.00/PERSON\*

\*Non-MMA Guests must sign Waiver – see office for waiver



## Maria Montessori Academy 2017-2018 Open House

Jr. High Parent & Student Night  
January 26<sup>th</sup> 6:30-7:30 pm

Discover a different method of education; one where children love to learn, are encouraged to ask questions, find their own answers and work together to solve problems. Explore the Montessori materials, meet teachers, administration and get answers to your questions.